

## Resident Spotlight: Gloria Cardella

When you approach Gloria's door, she always greets you with a warm smile and a "come in, come in!" Although she has been a resident for just a few weeks, Gloria has been a member of our Francis House family for many years. Her sister and brother-in-law were residents at Francis House in 2003 and 2004; and her husband, Sal, was a resident at Francis House in 2015.

Gloria still beams when she talks about the love of her life. She was working at GE in 1951 when a friend introduced her to Sal and within seven months they were engaged. "I knew he was the one," shares Gloria as she points to a picture of her and Sal dancing at her daughter's wedding. "He was a good man—and handsome!"

Gloria recalls how she and Sal wanted to learn how to dance. So they hired a professional dance instructor to come to their home to give them lessons. They invited couples in their neighborhood to join them. "We'd have lessons in our basement," recalls Gloria, "and then we'd go different places around Syracuse like Drumlins and the Knights of Columbus and practice what we learned." She says her favorite dances were the cha-cha



*Gloria and her husband, Sal dancing at her daughter, Lisa's wedding in November 2014*

and jitterbug.

Faith and family are the most important things in Gloria's life. She was born in Syracuse on Christmas day in 1930 to Nick and Lucy Speech. She says she loved growing up in Syracuse with her three brothers and two sisters. "Our parents taught us, it doesn't cost anything to say hello and smile. And it can make someone happy."

Her parents also instilled the importance of keeping family together. Over 60 years ago Gloria and her cousins began a family reunion picnic. This annual celebration, the "cousins club" continues to grow with around 100 family members gathering this past August.

Gloria says her "life's work" was her family. She was a stay at home mom and raised her children Lisa, Anita and Thomas. When the children were older she became a partner in The Shoe World in Baldwinsville for many years before becoming the court clerk for a judge in Lysander. However, she always made time for family. She says she is so proud of her grandchildren Karina, Marissa, Alaina, Trevor and Alex, whose pictures fill her bedroom wall. "Just look at them. They are my life."

Gloria loves gardening and bird watching. She had many birdfeeders in her yard. Her family brags that she knows every species. Gloria enjoys looking at the beautiful yard outside her window at Francis House. She loves to read and enjoys gaming on her iPad. However, her favorite time of the

(continued on page 3)

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### NEWS FROM OUR HOUSE

is published three times a year by Francis House. The newsletter is distributed free to friends of Francis House. For more information, comments or address changes contact:

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## Executive Director's Message

How many ways can we measure time? Those of us who watched the Olympics saw athletes compete in events where a hundredth of a second meant the difference between winning a medal or walking away with just the knowledge that they were among the elite for being chosen to compete on that world stage. Summer has gone and we are back to fall schedules for school, sports and work. How quickly the days passed, filled with the fun of family gatherings, vacations and all those wonderful smells of meals being cooked on a grill. Some of us are looking back at the past eighteen years as sons and daughters are sent off to the first year of college and wondering, "Is that really my baby waving at me from the front of the dorm?"

Time is a precious gift. It may be a gift of only minutes or hours, but in that time we may encounter life in ways that change us forever. It may be a gift of decades through which we have many opportunities to be with and present to people who are important in our lives. Each one of us has time. We never know how much time we have but we do know that the supply is not endless. At some point we will be called upon to ask ourselves, "What have I done with the time I have been given?" There is an old story about a man looking at a tombstone. The date of birth was clear. The date of death was plain. But, thought the man to himself, life is the dash in between. What comprises our dash? We can only hope that on reflection, we can describe a life full of family, friends, joy and work we love.

Recently at a Francis House 25th Anniversary gathering, I had the opportunity to listen to volunteers who

have been serving our ministry from the beginning. Echoing their comments were volunteers who have been with Francis House for just a few years. To a person, the sentiment was the same. Francis House is a special and sacred place. It is a home filled with joy and laughter, sunshine and light, even on dark, Central New York days. It is a place of peace and tranquility, giving hope and comfort amid a sea of despair. The time that each resident spends with us at Francis House is a precious gift to us. We are privileged to glimpse, through pictures and family stories, our residents in time past, but we are surely blessed to know them at this time in their lives.

Twenty five years is certainly a milestone; 1991-2016 and this 25th year has been a wonderful celebration of our ministry. It has been a year filled with remembrance, laughter and some tears. We have seen new volunteers and supporters coming forward to give loving presence to our residents. We have seen the passing of a number of our family, men and women who have devoted their precious time to serve the residents in our care. We miss them dearly. The Francis House "dash" has been filled with time well spent and people well loved. However, our Francis House dash does not represent the end. It is only a marker. We mark the past and thank God for the time we have been serving the people of this community. We mark the future and ask God to continue to bless this ministry. For it is through God's grace that we are here, spending our time in service of God's people who are dying.

May God bless all of you for your love and support of Francis House.

In Peace and Gratitude.

  
Nancy Light, Executive Director

## Resident Spotlight: (continued from page 1)

day is visiting with her family, friends as well as Francis House staff and volunteers. When asked how she keeps such a positive attitude Gloria responded, "I love it here. It was a prayer answered when Sal was able to come and everyone was so gentle and loving. I am ready to go—I did my job. This is place where I wanted to be last on earth. It is so beautiful. This is "home!"

## Francis House Leaders Present at National Conference



*The Omega Home Network Conference welcome 20 homes from across the country.*

On the morning of July 19th, Nancy Light, Beth Hoey, Sr. Kathleen set off for Lansing Michigan, where they joined ninety other people who work in homes for those who are dying or hope to open a home for those who are dying. The conference covered topics which included business plans, legal issues, fundraising, staffing, and development. These were presented in two tracts, one for those who had houses open for a while and those just beginning. All three Francis House staff members gave presentations.

There were twenty houses represented from many states throughout the country. The conference was sponsored by the Omega Home Network (formerly known as The

Social Hospice Network). Their mission is to foster and support homes that offer end of life care. Started just 4 years ago, the number of homes in the network has steadily grown as people who see the need for a safe, comfortable home at the end of life as a wonderful service for their communities. It is exciting to witness so many generous, passionate people willing to dedicate themselves to responding to the needs of those who are terminally ill.

As part of our Mission Outreach, Francis House will continue to be in contact with those who want to provide loving, end-of-life care in a home, whether in or out of the Omega Network, as we use our lived experience as a resource for others.

### An Easy Way to Give Support

You can schedule monthly or quarterly gifts through ACH (automated clearing house) debits.

ACH allows you to make your donation electronically. It is more efficient, cost-effective program for both you and Francis House.

#### For more information:

Please contact Beth Lynn Hoey, Director of Development at (315) 475-5422 or email [blhoey@francishouseny.org](mailto:blhoey@francishouseny.org) or visit our website at [www.francishouseny.org](http://www.francishouseny.org)



### Mark Your Calendars: Gazebo Memorial Mass

December 6, 2016, 7pm  
Blessed Sacrament Church  
127 James St., Syracuse

Dedicate lights on our Gazebo for your loved ones. Look for our mailing November 1st and online form available at [www.francishouseny.org](http://www.francishouseny.org).



# There's like <sup>no</sup> place home

Special  
thank you  
to our event  
sponsors:

## 25TH ANNIVERSARY SPONSOR

Teri and Ed Perry

## MAJOR SPONSORS

Betsy Hartnett  
Tracy and Larry Sala

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Howard and Janice McCarthy  
Lynn McMartin and Mike Madden  
NBT Bank  
Dr. Steven Stacey, DDS  
Salli and James Tuozzolo  
Upstate Radiation Oncology

## SAVE THE DATE!

Wednesday, October 12, 2016

5:30 p.m. - 8:30 p.m.

Horticulture Building

New York State Fairgrounds

Enjoy delicious food stations and live music.

Purchase keys to unlock doors with a chance to win wonderful prizes.

Proceeds from the event will help us to provide loving care to our residents with terminal illnesses.

Questions?

Contact Adrienne Kelley, 475-5422  
or [akelley@francishouseny.org](mailto:akelley@francishouseny.org)

## RAFFLE

# YOU COULD WIN!

★ (2) ROUND-TRIP AIRLINE TICKETS TO HAWAII OR  
CONTINENTAL UNITED STATES

*(restrictions apply), Donated by MAD Travel, Inc.*

★ \$500 GIFT CERTIFICATE *Donated by Nichols of Liverpool*

★ \$500 GIFT CARD *Donated by DestinyUSA*

★ DINNER-OF-THE-MONTH FOR ONE YEAR

*Donated by 12 local restaurants*

*\$5 per ticket or 5 tickets for \$20. All proceeds to benefit Francis House.  
Please contact Adrienne Kelley at 475-5422 to purchase tickets.*

# Mobile Bidding for the Silent Auction!

We are excited to team up with GiveSmart, to provide mobile bidding for our silent auction items. Guests (and those who can't attend the event) have the ability to bid on a smart phone, iPad, tablet or computer.

You may start bidding two weeks prior to the event and throughout the night of October 12th. You will receive notices when you've been outbid and if you are the winner.

**How to register in advance:** <http://tnplh16.auction-bid.org> and click the "Register for Auction" tab at the top of the page. It is a secure site and your information is confidential. Fill out the information, accept the terms and conditions and input your credit card information. You will receive a text message from 24700. Respond with YES to receive your outbid notifications. You will receive one more message and you are ready to bid.

It is a fun way for our out-of-town supporters to be a part of the excitement of the event.

**How to register the night of the event:** Register your phone with one of the GiveSmart staff members (in red shirts) at the event. Look for your "Welcome" text message from GiveSmart.

**Unable to attend the event but would like to donate:** Open the blue link in your registration text from GiveSmart. Click the Green "Donate" tab and type in your donation amount. No dollar signs or decimals needed.

**To donate via text:** Respond to the text message from GiveSmart (24700) with the word "GIVE" a space and the amount of your donation. No dollar signs or decimals needed  
Ex: GIVE 500 just made a donation of \$500!

We hope our out-of-town benefactors and family members will be a part of our event though mobile bidding.

**"Register  
for Auction"**

<http://tnplh16.auction-bid.org>

## MOBILE PRIZES INCLUDE

### COSTA RICAN VACATION:

One-week stay for 9 people at Baypoint Condo, Costa Rica

### PERSONAL FITNESS:

Metro Fitness-(4) ½ hour personal training sessions  
and 1 month Gold Membership

### BELIZE VACATION:

7-night stay for 2 people- one bedroom at  
Chabil Mar Villa, Placenia, Belize, Central America

### THE OTESAGA:

Twosome of golf and 1 cart at  
The Otesaga's Leatherstocking Golf Course

### A NIGHT AWAY:

Overnight at The Craftsman Inn  
and gift certificate to Limestone Grill

**AND MANY MORE!**



*from left to right) We thank event co-chairs, Betsy Hartnett and Joan Cincotta and event vice-chairs, Sue and Paul Shubmehl for their hard work and dedication this year. We look forward to another successful There's No Place Like Home!*

## Donor Spotlight 25th Anniversary Sponsor Teri and Ed Perry

For the past seven years, you have seen the names Teri and Ed Perry as major sponsors for Francis House's signature event. The event brings people together to have fun and celebrate Francis House, but Teri and Ed realize the event has a much bigger purpose—allowing Francis House to care for those at the end of life's journey.



They love to support and attend the event. "There's No Place Like Home is very special to us because we get to see thousands of people contributing to a very worthy cause and having a great time. Knowing that we are a major sponsor of this event is very gratifying to us."

"Teri and Ed have touched many lives," explains Beth Lynn Hoey, director of

development. "They inspire us in our work because they are so willing to help special people they will never meet. They have huge hearts and would rather give support to those in need rather than spend money on themselves. Their gift of \$25,000 as our 25th anniversary sponsor is overwhelming!"

"We support Francis House because of what it represents," says Ed. "It is a gateway to heaven for a person in his or her final stage of life, to live in dignity with honest, caring and loving people." Both Ed and Teri say they have continued their support over all these years because they realize the importance of public support and add, "Francis House is such a humble organization with open arms of love and true heart."

## A Look Back at the Event

2000



2016 event Honorary Chair, Al Antonini (left) welcomes guest at the first There's No Place Like Home event in 2000.

2005



2016 There's No Place Like Home Honorary Chairs (from left to right) Noreen Falcone, Jim Connors and Sister Kathleen Osbelt celebrate at the 2005 event.

1997



There's No Place Like Home 1997, first annual event Honorary Co-Chairs Aminy Audi (center), James Breuer with his wife Cathy (right) enjoy the evening with Rev. Msgr. J. Robert Yeazel (left).

2001



At the There's No Place Like Home 2001 event Beth Lynn Hoey, director of development enjoys the evening with Carnegie Catering co-owners, Bill LaFluer (left) and John Borchardt (right). They have provided our delicious food stations every year.

## Thank You...

- ✂... Thank you to all who hosted a Prize Party to support There's No Place Like Home: Nancy and Dick Marsden, McKenzie Elizabeth Salon and the staff at King + King Architects.
- ✂... Thank you to Janice and Howard McCarthy for hosting an Anniversary Gathering on August 11th at the beautiful Skaneateles Country Club.
- ✂... We thank Joan Kalin who faithfully comes to Francis House as a beautician to keep our residents looking and feeling good. Joan is gentle and kind with our residents.
- ✂... We are grateful for the many gardeners who have worked hard weeding and watering our flowers to keep the grounds looking beautiful all summer.
- ✂... Thank you to the Maureen Geisser Memorial Golf Day and BBQ for donating \$4,700 to Francis House for resident care. Don Geisser has been hosting this fun event since 2008.

## The Mission of Francis House

Francis House provides a home and extended family to persons with terminal illnesses so they can die with dignity surrounded by the unconditional love of God. We will use our lived experience as a resource for others.

The core values of Francis House are:  
Compassion, Unconditional Acceptance,  
Respect and Dignity.

- ✂... Thank you to the members of the Plank Road Quilt Guild for their donation of 12 beautifully hand-made quilts which will be part of the There's No Place Like Home prize tables.



*Members of the Plank Road Quilt display one of their hand-made quilts)*

- ✂... Thank you Friar Luis Palacios, OFM for spending two days a week for five weeks at Francis House ministering to the residents and helping out in the kitchen. We appreciated Luis' presence as he brought much joy to the residents with his happy smile and his conversations. What a blessing Luis was to Francis House!

## Congratulations to our Caregivers

Congratulations to Francis House caregiver Antje Hopkins for graduating St. Joseph's nursing school and passing her nursing boards!

We thank Courtney Jarrard, RN for her service as a caregiver and wish her well as she leaves for her medical mission to Africa this October.

## Volunteer Spotlight: Jackie Popkess



*Jackie Popkess, youth auxiliary advisor (middle) with co-presidents of this year's Youth Auxiliary, Sara Ferranti and Connor Lundrigan.*

Most people would be overwhelmed with the task of coordinating 25 teenagers with demanding schedules, from different schools across the county. But Jackie Popkess loves it. “These are great kids who really want to make a difference and help Francis House. I love working with them.”

The Francis House Youth Auxiliary welcomes high school students to participate in activities that support the mission of Francis House. The Youth Auxiliary is structured like the Francis House Adult Auxiliary, with a general membership and a Board. The students create their own goals and plan of activities every year. Board meetings are held once a month. Current activities include: writing notes to all current residents; coordinating pantry drives in local schools and parishes; selling Francis House bracelets; making meals, helping with household chores; and volunteering for Francis House events.

“We needed someone extremely organized who loved working with teenagers” says Adrienne Kelley, development and special events coordinator, “I knew immediately who to call—Jackie.” Jackie and Adrienne have been friends since childhood. “Jackie’s career has been to help kids be the best they can be. She loves watching young people make a difference.”

Jackie is a school counselor at OCM BOCES, where she has worked for the past four years. Previously, Jackie lived in Boston for 12 years working as an admissions representative, co-op coordinator and school counselor. In 2012 she returned to her hometown of Syracuse. That same year she married. Jackie and her husband John live in Camillus

with their cats Monty and Murray. During her free time Jackie enjoys yoga, running, and gardening. She is an active member of the Junior League of Syracuse where she serves as Membership Vice President.

Jackie is proud that it was such a successful year for the Youth Auxiliary. “I loved watching the Youth Auxiliary members hone their leadership skills in board positions, develop friendships with members from different schools and engage in meaningful volunteer work at the house and at Francis House sponsored events in the community. Youth Auxiliary members always put thought and care into any activity. It was an honor to work with such a dedicated group of young people this year.”

We are grateful to Jackie for the many hours she gives to our Youth Auxiliary and our ministry!

**Do You Know A High School Student Who Wants to be  
a part of our Francis House family?**

**High school students interested in becoming members of the Youth Auxiliary can contact  
Jackie Popkess at [kkg78@hotmail.com](mailto:kkg78@hotmail.com)**

## Our Youth Auxiliary Members Honored

Our Youth Auxiliary members come from all over our area and we are blessed for the time and effort they give to our ministry. These students are leaders in their own high schools, taking advanced courses as well as excelling in music, sports and drama. As we say goodbye to our members who have graduated, we congratulate them on their accomplishments. The majority of students were High Honor Roll for four years and National Honor Society members. Other awards included:

**Madeline Bird:** Dorothy Long Scholarship, Character Education Scholarship, Empower Federal Credit Union Scholarship, Mason's Scholarship

**Allyson Burzynski :** Baldwinsville William Johnson Memorial Scholarship

**Molly Ciarla:** Service Scholarship and Presidential Scholarship at St. John Fisher, Class of 1971 Scholarship, Camillus Optimist Scholarship.

**Sara Ferranti:** Syracuse University Dean's Scholarship, Class of 1971 Scholarship, Citizen Education Conference Scholarship, Southern Container Scholarship, Stonehenge Elementary PTA Scholarship, Senior Class Scholarship, St. Joseph's Church Scholarship

**Gavin Hoey:** Frederick K. Killian Scholarship from CNY Community Foundation, Martisco Lions Club Scholarship, Dee and Harold Thrippleton Scholarship, St. Marianne Cope Scholarship, SUNY Geneseo Merit Scholarship

**Maverick Keegan:** David Wills

Scholarship from Gettysburg College, Michael Carlson Memorial Student/Athlete Scholarship, Honors Graduate Speaker at Graduation

**Maddy Locastro:** Nicole Seaman Humanitarian Award

**Connor Lundrigan:** Michael Cosgrove Student Athlete Award

**Christopher Mancuso:** Bentley University President's Scholarship, The Bishop Grimes Christian Living Award, Youth Leadership Recognition Award from the Rotary Club of Syracuse

**Shannon White:** Service Scholarship at St. John Fisher



*Sister Jean Canora (middle) presents The 2016 St. Marianne Cope Scholarship to Gavin Hoey (center left) with his family, Terry, Beth Lynn, Nolan and Grace. Also celebrating the award Nancy Light (far left), executive director and Sister Kathleen Osbelt (far right), founder and director of mission outreach.*

**Gavin Hoey** was recognized for his volunteer work at Francis House. Gavin said, "Saint Marianne is an example to all of us that living a life with passion in service can change the world. She did what was right when it was a very difficult thing to do. St. Marianne Cope was a small lady but cared for others with an unmatched tenacity and persistence. I'm glad that I was taught the story of her life. She is a tremendous role model."

## WISH LIST

### MISCELLANEOUS

8 ½ X 11 white copy paper  
Grocery store gift cards  
Postage stamps  
Home Improvement Gift Cards

### FOOD

Applesauce snack cups  
Bisquick  
Bread Crumbs  
Broth: chicken, beef, vegetable  
Brownie mix  
Cake mix: white, yellow, chocolate  
Chocolate chips (semi-sweet)  
Coffee: decaf & regular  
Cookie mix:  
Cooking oils: olive & canola  
Cooking spray  
Crackers: Ritz, club, oyster, saltine  
Cremora creamer  
Flour  
Frostings: fudge, vanilla, cream cheese  
Fruit in flavored gelatin snack cups  
Fruit snack cups  
Gravy: chicken, beef, pork  
Honey  
Hot cocoa mix  
Juice: cranberry juice cocktail, apple  
Mayonnaise  
Pancake syrup  
Pears or Mandarin Oranges (small cans)  
Peanut butter (16 oz. jar - creamy)  
Pie fillings: cherry, apple, blueberry  
Pineapple (canned) crushed & chunks  
Pudding snack cups  
Quick bread & muffin mix  
Soda (liters and cans)  
Soup: cream of mushroom, tomato, vegetable  
Sugar: granulated, brown, confectioners  
Tomatoes: diced, crushed, puree  
Tuna (cans): solid white & light

### PAPER GOODS

Coffee stirrers  
Flexible straws  
Freezer & storage bags (all sizes)  
Parchment paper  
Plastic or paper cups (5oz.)  
Plastic wrap  
Snack & sandwich bags  
Sugar: granulated, brown, confectioners  
Tissues & napkins

### HOUSEHOLD

Batteries: AA, AAA, C, D, 9-volt  
Bleach  
Dishwasher detergent gel pacs  
Disinfecting wipes  
Glass cleaner  
Laundry detergent (High Efficiency)  
Liquid hand soap & sanitizer  
Lysol kitchen cleaner  
Masking tape and painter's tape  
Swiffer sheets (dry)  
Toilet bowl cleaner  
Trash bags (13 & 30 gallon)

### SUPPLIES

Alcohol pads  
Baby wipes (unscented)

## Receive Francis House Newsletter and Updates Via Email



If you would like to receive this newsletter and other Francis House updates through your email, visit [www.francishouseny.org](http://www.francishouseny.org). Many of you have asked for this option for your convenience and to save Francis House resources.

# We pray for our Residents Who Have Died From July 7, 2016 through September 6, 2016

Fay Bailey

Viola Briggs

Elwood "Bud" Booth

Judith Cook

Dorothy Faber

William Ferguson

Peter Frerk

Michele "Shelly" Heuer

Dorothy Lewis

Rev. Msgr. John Madden

JoAnn McMahan

Robert Mersfelder

Sheryl Naughton

Rosemary Paduana

Brigid Rauch

Margaret Schrempf

Sabra Sobieski

Robert Stewart

Roberta Thomas

Beulah "Babe" White

Doris Woods

