

NEVS FROM OUR HOUSE

Resident Spotlight

NANCY COLONNA Sharing the Gift of Time

"Not everyone has time," shares Francis House resident Nancy Colonna. "My time is limited, but I can say thank you to those who have helped me. I want to just spend time with my family, my old friends and my new friends. This is a blessing." These are the words Nancy lives by and the lesson she has taught all of us at Francis House. Staff members and caregivers admit they seek out Nancy if they need a little inspiration or to lift their spirits.

Nancy's days are as she wants them to be-puzzling, playing cards and sharing stories and laughter with friends. She always has a friend by her side. Many friends have come to visit from long distances. Steve Seman, Nancy's fiancé explains, "Nancy will never tell you, but she took care of the world throughout her life. That is why she has so many visitors here. They are coming back from all over because she really touched their lives."

Nancy grew up in Plymouth, Pennsylvania. After nursing school she came to Syracuse and worked at Syracuse Memorial Hospital for Dr. Robert Lockwood and eventually at Syracuse Orthopedic Specialists. Caregiving came naturally to Nancy and she loved her patients. She took care of her mother, who suffered with rheumatoid arthritis, for the last 30 years of her life.



Nancy and Steve spending time in the Francis House great room

Nancy says her nursing career has given her a unique perspective of Francis House. "Never in my many years at work have I seen caregivers give such attention to each person. The people here, staff and volunteers, care about what is important to every individual. They take time to learn what you like and what means the most to you. Every action from making toast to giving personal care is done with such love."

Nancy's family has become part of the Francis House family as well. Her son Jeff and his wife Carla have three children and her daughter Jennifer and her husband Tim have two children. Nancy's granddaughter Sydney is a former member and president of Francis House's Youth Auxiliary.

Steve was introduced to Nancy through friends 60 years ago. Their lives took different paths and they reconnected 9 years ago. Steve says, "The minute I saw her, I saw this beautiful quality of connecting with others, I knew she was it." Replies Nancy, "He's my rock." Nancy says that is why she is grateful for the time to just be together.

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News From Our House

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For more information, comments or address changes contact: Francis House 108 Michaels Ave Syracuse, NY 13208 315-475-5422 info@francishouseny.org

EXECUTIVE DIRECTOR'S MESSAGE



I have a prayer card from a dear friend who recently passed away which says, live fully in the present moment for that is all we have. Each day, actually each minute of our lives is a gift. There is no promise of more. But it's a hard struggle for us to focus on the now when there are responsibilities to be undertaken. Planning is a way of life for most of us. We plan our day, our weekend, vacations, events, all manner of things. Very often our plans go as expected. When that happens, it's a gift.

When things go awry, or when we are required to be flexible, that too may be a gift. A gift of time spent in an unexpected and very fulfilling way.

A few months ago after many delays, I was flying home. I was seated across the aisle from a man wearing a ball cap, with an emblem. A second man sat one seat behind him. A third man was settling into the seat in front of me when he remarked to the first, "Nice hat. Was it a present?" The man responded, "No. It's from my tour in Iraq." That was the start of a conversation that ultimately included all three men. Each was a military veteran who had served in either Iraq or Afghanistan. They shared when and where and with whom they each had served. They represented different branches of the military, there was an immediate relationship between them. There was a bond forged from the experiences that each had lived. They laughed and then settled into their seats. Three strangers lived in the present moment because one of them said, "Nice hat."

My witness to that interaction was a reminder that we are all connected in the present. A kind word, a compliment, a thank you, a smile may initiate that gift. Taking the time to laugh, share a story or interact with our staff and volunteers are such gifts. I am blessed to witness the goodness of these people as they attend to the needs of our residents.

During our monthly memorial service, we ask the family members to share a remembrance of their loved one. After a family member spoke about his mom, a volunteer asked to say something about her. He related that he had visited with the resident and commented about how much he liked her John Deere blanket. Both the resident and the volunteer were from farm families. A relationship was formed and they spent many visits talking about that common bond. The volunteer and the resident shared the present moment, all because he said, "I really like your blanket."

As we begin another new year, may we all be blessed to recognize the gift of the present and to try to live fully in the present moment. May God bless you in abundance in the coming year for your kindness and generosity.

In peace and gratitude,

Many Light

"Yesterday is history, tomorrow is a mystery, today is a gift of God which is why we call it a present." - Bill Keane



Resident Nancy Colonna with Francis House caregivers Sally Whaley (left) and Loretta Wayant

Nancy believes showing gratitude is a blessing. She has a pile of cards on her side table that she uses to send thank you notes. A volunteer asked about the cards and Nancy explained. The next day the volunteer returned with handmade cards she crafted. "That's what happens here," says Nancy with a smile, "blessings and miracles are all around."

For Christmas, Nancy asked her granddaughter Sydney to write a thank you to her Francis House family:

Francis House Staff and Volunteers,

There really aren't enough words or enough time to be able to express my feelings of pure joy and gratitude to each and every one of you for making Francis House the special place that it is. The love that I feel here every day I wake up is truly unmatched. I have never felt so at peace in my entire life. Every single one of you contributes to these feelings.

The presence of God in these halls would be impossible for any person to ignore. In what should be an extremely scary time in my life, I find that I have never felt so calm. I can only hope and pray that everyone is able to feel as loved and cared for as I have been in my time at Francis House. Thank you for treating my friends and family as if they were your own. Thank you for seeing me for someone other than someone sick with cancer. Being here has brought me closer to God and closer to my loved ones in ways I never could have expected or imagined. Francis House is truly Heaven on Earth and I hope you are all aware of the impact you have had on my life as well as the lives of my family. I will be forever grateful for my time spent with each of you here.

With much love, Nancy

St. Patrick's Day Raffle

Tuesday, March 17 Tickets On Sale Now!

Only 600 tickets are sold at \$100 each. (note: raffle tickets are non deductible.) Your ticket enters you for a chance at winning \$10,000, \$5,000 and \$2,500. Winners will be drawn at Francis House on Tuesday, March 17th.

To purchase a ticket, send your payment with your name, address and phone number and the name as it should appear on the ticket. If more than one person is buying the ticket, please include all names and addresses. You can use the envelope enclosed in this newsletter.



Walkway Of Blessings

We will be installing additions to our Walkway of Blessings this summer. If you would like to dedicate a brick in memory of or in honor of someone who has been a blessing in your life, your reservation form must be received by May 15, 2020. For your donation of \$100, a brick is installed.

To purchase a brick, call (315) 475-5422 or visit www.francishouseny.org.

THANK YOU FOR ANOTHER SUCCESSFUL "THERE'S NO PLACE LIKE HOME" EVENT!





Over 2,400 of Francis House family and friends gathered at the New York State Horticulture Building on the beautiful evening of October 9th to celebrate There's No Place Like Home. Over \$260,000 was raised in net proceeds for Francis House.

Guests enjoyed the delicious food provided by Carnegie Catering and live music from Paul Fey and Mike Sidello throughout the evening. There was much laughter and cheers as guests won prizes playing the popular key game. Over 500 prizes were won that night! The mobile bidding for the silent auction was a tremendous success, guests were able to bid from their phones or use one of the GiveSmart iPads to bid on over 155 items.

Our dedicated volunteers spent three days preparing the Horticulture Building for a night of celebration. Guests were reminded of the true meaning of the evening as they viewed our resident banners featuring the names of over 3,000 residents in our Francis House family.

Thank you to all our sponsors, advertisers, prize donors and all those who supported the event. You helped make it a huge success!



Event leaders celebrate success. (left to right) Adrienne Kelley, assistant director of development; Tara and Pete DiLaura, event co-chairs; Phil and Lucy VanHorne, event chairs; Nancy Light, executive director

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Major Sponsors

Drs. Michael and Colleen O'Leary Teri and Ed Perry

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WIRED

Volunteer Spotlight

RALPH & ANGELA ORLANDELLA

When guests enter Francis House's annual event *There's No Place Like Home*, we are often asked 'Who does all of this?' Decorating the Horticulture Building at the New York State Fairgrounds for our 2,400 guests is not an easy task. It takes hundreds of hours of hard work from dedicated volunteers. Ralph and Angela Orlandella are key members of our incredible team.

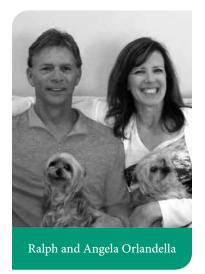
Ralph is a Safety Manager and Director of Special Projects for Hueber-Breuer Construction Company and was introduced to Francis House when the event moved to the Horticulture Building 12 years ago. "It was an awesome challenge and I called Jim Breuer, knowing the work his company did," says Beth Lynn Hoey, director of development. "He said, 'I have the perfect guy for you.' And he was right. Ralphie has been incredible. We couldn't do it without him and Ange."

The stark, 50,000 square-foot building is transformed in 3 days to welcome event guests. However, Ralph spends many more hours preparing the building before decorations even begin. He installs over 100 lights to make the lighting perfect. During set-up days, Ralph and Ange hang over 700 feet of tulle and lights to create a "ceiling of stars" for the event. "Our theme has always included stars," says Beth. "The stars represent 3,000 residents that have become part of our family over the years."

Ralph and Ange admit they didn't know much about Francis House before he started volunteering for the event. "When we first visited the house, it was wonderful," says Ralph. "The atmosphere is upbeat and it is a celebration of life and family. You feel comfortable and welcome, and everyone supports each other."

Adrienne Kelley, assistant director of development, has been in charge of the event for the past ten years. "It is amazing how Ralph and Ange help transform the building into a beautiful and warm space. During event set up they spend countless of hours hanging lights and always say yes when asked if they can help me with something else."

Ralph is a native Syracusan, born and raised in Liverpool. After attending Liverpool High School, he attended the BOCES program for construction.



20 years with Hueber-Breuer Construction
Co. Ange was born
in Bowie, Maryland.
After graduating from
University of Maryland
with a BS in Business
Management, she
moved to Syracuse
to get her Masters
in Architecture at
Syracuse University.
She has worked at law

He worked 20 years as a residential home

builder and the past

firms for the past 30 years, currently serving as Project Development Specialist at Barclay Damon.

Ralph and Ange met 10 years ago when he came to her house to assist her on a construction project. "We struck up a conversation from the start," says Ange. "We are each other's best friends." They were married in July 20, 2012 and live in the Marcellus area with their 17-year-old son Jake and their two yorkies, Tina and Taylor. Their priority is family, so free time is spent fishing, boating, exploring outside, playing cards and spending time with friends.

Although Ralph and Ange have a very busy schedule, they always schedule time to volunteer for the event. Even though they were out of town during this year's event, they spent their time before they left to make sure their job was done. "We will always make time for Francis House," says Ange and Ralph agrees. "We all hope that when our time on Earth is ending, that we can be surrounded by loving people to help ease our passing and help those we are leaving behind. This place is a blessing for so many."

We are grateful for Ralph and Angela for their dedicated work behind the scenes!

Make a Difference In Someone's Life Become A Volunteer

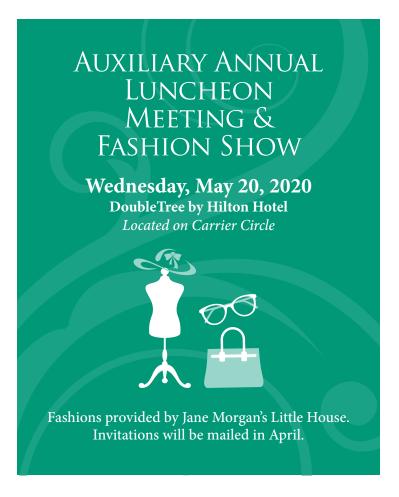
Join our Francis House family and make a difference in the lives of others. For more information, contact Rea Carver, volunteer coordinator at 315-475-5422.

Auxiliary Happenings

Thank You FOR A SUCCESSFUL SEASON OF SALES

A special thank you to all the volunteers who worked the many holiday venues selling our jewelry and notecards. We also appreciate those who purchased items to help support our residents and families. We will continue to have our merchandise available the first Wednesday of every month at Francis House.





YOUTH AUXILIARY SERVES RESIDENTS

The Francis House Youth Auxiliary welcomes high school students from throughout our community to become part of our ministry. Members provide handson support at Francis House. They operate their own

MARGIA

Youth Auxiliary members (left to right) Delaney Manahan, Sophie Spitzer, Anna Spitzer and Emma Roseboom put finishing touches on their apple pie

volunteer board and set their own goals for the upcoming year. This year, all agreed that they wanted to spend more time serving residents.

In November, students made apple and pumpkin pies for residents and guests. In January, they planned a full dinner. Emma Mulherin, Youth Auxiliary board member, contacted Laura Serway, owner of Laci's Tapas Bar, and asked if she would provide the meal. Laura agreed. Even better, Laura came to Francis House



Laura Serway (second from right) gives cooking tips to Youth Auxiliary members (left to right): Ava Abruzzese, Sophie Schultz, Kaitlyn Bushnell and Emma Mulherin

and taught the students how to prepare the meal. She also instructed them on how to plate and present the meal to make it a special experience. Thank you Laura and students for creating a special moment for our residents and families.

Welcome Ann Marie Warner

We are happy to welcome Ann Marie Warner into the Francis House family as our Office Assistant. Ann Marie, a Syracuse native, has spent most of her professional career in business development. She believes events in her life have prepared her for being part of Francis House.

In 2015, Ann Marie became full-time caregiver for her husband Scott as he battled pancreatic cancer. She shares, "That experience brought a new awareness that there truly is an element of peace, joy and acceptance being with a loved one at end of life. I am grateful that the process and challenges of being a caregiver brought me closer to my faith in God and eternal life."

After a six-month work hiatus to give herself time to grieve and prepare for her new normal, Ann Marie went back to work as a placement director. She also volunteered at her church, St. Matthew's, with funeral services.

When her office closed, Ann Marie said she had the opportunity to look for work that was meaningful to her. "I really wanted to give my energies toward an organization that made a difference. I saw the ad for Francis House and I knew right away I wanted to be there. I felt my experiences were all tied together at this moment." She wanted a role as a support person.

She embraced the mission, and wanted to be a part of carrying it out.

"I learned that you need a large cadre of people to become your family to help you through the trauma of a loved one's death. I believe in the Francis House family that comes together to help people through," explains



Ann Marie. "Working here feels like coming home. I feel part of a family, blessed. I leave with more than I come to work every day."

In her free time, Ann Marie likes to spend time with her family and friends. She also enjoys yoga, golf and cooking. She is starting her third-year volunteering as Walk Leader for Lustgarten Foundation for Pancreatic Cancer Research Syracuse Walk. The event raises over \$30,000 for pancreatic cancer research.

"From day one, Ann Marie was a perfect fit to our family," says Adrienne Kelley, assistant director of development. "She brings joy, laughter, and warmth to every task. She is a talented, giving human being and we are honored she is part of our family."

THE GIFT OF HOPE

At our Memorial Mass in December, Sue Lamanna shared thoughts about her experience at Francis House with her Dad and her family. We wanted to share excerpts of her talk with you:

As I was reflecting on what I wanted to share with you tonight, I was reminded of the readings and meditations that are so prevalent during this special time of Advent... and that is HOPE. There is a story of 4 candles... it ends 'And so we never let the Flame of Hope go out. With Hope in our lives, Peace, Faith, and Love may shine brightly once again.'

I used to teach nursing students that Hope is always a part of patient's experiences. When someone becomes ill, they hope it is not serious. Then, if the diagnosis is not a good one, they hope for a cure. Then there is hope that there will not be a lot of pain and suffering. Finally, there is hope that death will be peaceful.

I think this is where we were when Dad was admitted to Francis House. Mom had just died 2 weeks prior. He was incredibly sad and the life in his eyes that we knew was gone. We had just buried Mom and his heart was broken. He went into cardiac failure... He required more care than assisted living and all of us were able to provide. We asked Mom to somehow guide us to the right decision... During the admission process we were led to a quiet room...with a gorgeous stained glass butterfly... Instead of looking straight on at the window, Dad kept turning his head to the left. We said "No, Dad, look straight." He replied, "I did see it just fly by over there." We were astounded and looked at each other and said, "Mom is already here. This is the right thing to do."

When the staff was getting my Dad settled in his room, I wandered out to the hallway,... and I just broke down in tears. The receptionist came over and put her arm around me. She talked to me in a very comforting way and patiently allowed me to tell her about the last two weeks of our lives... I cannot tell you today who that woman

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was or even what she looked like, but I will always remember the sound of her voice and her compassion and empathy with me.

My sisters and I had a difficult time of adjusting to making the transition from assisted living to palliative care. We wanted to see Dad dressed every morning and out in the dining room for breakfast. The team gently explained to us that Dad's comfort and desires came first and that he was in charge. Did we have LOVE? Oh yeah... tons of that! But our hope for his peace needed to be inflamed. Did we have FAITH? You bet! But our hope needed to keep it burning. We finally came to realize our hope for him was his peace and his comfort... his way.

Life became better for us when we could just let go and be his daughters... sitting with him, talking with him,

praying with him, and even singing with him... leaving his excellent physical care to the competent and caring staff.

Our Dad's name was Joseph and we ALWAYS did St. Joseph Day up big; with cards, calls, wearing our red and celebrating. We took turns staying overnight with him and I asked for the night of the 18th...confident that St. Joseph would take him home on his day. Dad quietly and peacefully went Home to God and to Mom and to his family on March 19th, wearing his red shirt! St. Joseph had provided our last hope for Dad... a peaceful death.

...Francis House gave us love, faith, peace... And during this season I wish each of you all the HOPE of that special Child being born in us to live among us... to teach us what we need to keep that Hope alive. God bless!

Living the Final Chapter

A Symposium for Compassionate Care for Persons at the End of Life

Thursday, March 26, 2020 7:30 am - 4:00 pm

Embassy Suites Syracuse Destiny USA 311 Hiawatha Blvd W., Syracuse, NY 13204

\$150 Early Bird Registration (Before March 9, 2020)

\$175 Regular Registration

Who Should Attend: Registered Nurses, Licensed Practical Nurses, Social Workers, Nurse Practitioners, Physicians, Physician Assistants, Grief Counselors, Therapists, Health Aides, Pastoral Care Providers, Long-Term Care Administrators, Anyone involved in providing end-of-life care

Keynote Speakers:



Dr. Timothy Ihrig, MD

Dr. Timothy Ihrig, MD practices palliative medicine, caring for the most vulnerable and sickest people, and helps other providers improve the quality and value of the care they provide to this

population. His work has shown how patient-centered care improves quality and length of life, and that it has significant economic benefits to patients, healthcare systems and the economy.

Dr. Ihrig's featured TED talk has been viewed more than one million times globally and National Public Radio's "All Things Considered" featured him in a story on the development and transformative nature of his philosophy of care.

For more information and to register online, visit www.francishouseny.org.



Dr. Christopher Kerr, MD, Ph.D.

Christopher Kerr is the Chief Medical Officer and Chief Executive Officer for The Center for Hospice and Palliative Care in Buffalo, New York. Born and raised in Toronto, Canada, Dr. Kerr earned his MD as

well as a Ph.D. in Neurobiology. Outside of direct patient care, Dr. Kerr's focus is in the area of patient advocacy. He is passionate about palliative care and believes that such care should be throughout the continuum of illness.

In his new book coming out Spring 2020, *Death is But a Dream*, Dr. Kerr tells the story of patients and their families to show that death is not purely the end of life, but a final chapter of humanity and transcendence.

Dr. Kerr's TEDx Buffalo Talk has been viewed over 2 million times, and has been the subject of reports on the BBC, The New York Times, Scientific American Mind, Huffington Post, Psychology Today and more.

THANK YOU...

Thank you Lockheed Martin for donating turkeys and all the fixings for our Thanksgiving dinner.

Thank you to the Jesuit Novices for decorating our homes for the holiday season.

Thank you to the Francis House Board of Directors for preparing Sunday dinner for our residents.



Thank you to the Welch Allyn Singers for gracing our residents with your beautiful sound.



Thank you Valley Desperados and all your friends and family for donating so many pantry items from our wish list, gift cards valued over \$350 and over \$800 in donations.

Thank you G & C Foods and Palmer Foods for a generous year-end gift.

Thank you to the employees of
Onondaga Flooring. They contributed for a
Christmas gift to owners Scott and Mike Perry.
Instead of buying a gift, they donated
the money to Francis House.

Thank you Salt City New Horizons
Orchestra for performing Christmas classics
for our residents, family members,
volunteers and staff and performing at our
December 10th Memorial Mass.



Thank you Georgia Alumni for your generous annual donation of pantry items.

Thank you Paul and Linda Cohen for donating our 114 chapel table, chairs and Caring Fund book stand.

Thank you to an anonymous donor for a box full of household supplies from Walgreens.



Thank you to Brad and Carole Wiese at the Inn of the Seasons for hosting Sister Kathleen Osbelt, Founder and Nancy Light, Executive Director at the Inn's Holiday Extravaganza on December 16, 2019, and for giving us an opportunity to share our story with the guests. There were 45 guests in attendance who all brought wish list items/donations for Francis House. The evening was lovely and the food outstanding.

GOODBYE TO OUR FRIEND BRUCE STAUFFER



In 1998, Bruce Stauffer helps draw the winning giveaway tickets at the Syracuse St. Patrick's Parade with Beth Lynn Hoey, director of development and Sister Kathleen Osbelt, former executive director (left)

When Sister Kathleen Osbelt asked our community to support the creation of a home to care for people at end of life, Bruce Stauffer was one of the first people to step forward. Bruce, a United States Marine Corp veteran and owner of J.B. Stauffer Construction Co., might have seemed intimidating with his large stature and booming voice. However, it didn't take long to discover that Bruce had an even bigger heart.

Bruce impacted the Syracuse community and beyond with his philanthropic support. Outside of Francis House, he was a passionate supporter of Fayetteville-Manlius Little League and sports, having various athletic fields named after him. Bruce was the pilot for mercy flights at his own expense with his own plane. He would fly organ transplant patients and others in need of emergency care at a moment's notice. Bruce supported and served on the Boards of many Syracuse non-profit organizations.

Bruce was a hands-on volunteer at Francis House. He helped renovate our original house to welcome our first residents. Throughout the years, he continued to advise Francis House as our home expanded. He served on the Advisory Board and Board of Directors. We remember, Bruce on his excavator removing trees and helping prepare for the expansion of our first house and the building of our second house.

Bruce was also instrumental in our fundraising program. He began our St. Patrick's Day Giveaway, that has raised over \$1 million since 1992.

We were privileged to care for Bruce in his last days. Nancy Light, executive director, and Sister Kathleen Osbelt, Francis House Founder, spoke at Bruce's funeral on behalf of the countless people he has touched over the years.

"Bruce was always ready to help. His reach extended to wherever he was needed. He was a generous and gentle man whose gruff exterior belied his compassionate heart. We miss him every day."

- Nancy Light, executive director

GIVING A GIFT THROUGH YOUR IRA

A gift through your Individual Retirement Account (IRA) can benefit you as well as Francis House. This type of gift saves you the expense of income tax while giving you a tax deduction for your donation. You can also name Francis House as a beneficiary of your IRA in your estate plans.

As with any financial decision, we encourage you to contact your personal financial advisor to prepare a plan that is individualized for your needs.

If you have any questions, please contact Beth Lynn Hoey, director of development, at 315-475-5422 or blhoey@francishouseny.org.

BECOME A PART OF OUR PRAYER COMMUNITY

There are many ways to be present to our residents and family members. If you are unable to volunteer hands-on at our home, please consider becoming involved as a prayer partner. We ask you to pray daily for our residents. Every week we will send you the names of current residents.

If you would like to be a member, contact Kate Flannery, director of mission outreach and education, at kflannery@francishouseny.org.

GIVING MADE EASY

An Easy Way to Give Your Support

You can schedule monthly or quarterly gifts through ACH (Automated Clearing House) debits.

ACH debit allows you to make your donation electronically. It is a more efficient, cost-effective program for both you and Francis House.

For more information, please contact Beth Lynn Hoey, director of development 315-475-5422 or email blhoey@francishouseny.org.

YOUR LEGACY OF LOVE Through The Caring Fund



We have received tremendous support from our benefactors who have named Francis House in their wills and other planned gifts.

By naming Francis House's Endowment *The Caring Fund* in your will or planned giving vehicles, you will be impacting the lives of our residents and family members for many years to come.

As with any financial decision, you should contact your accountant or financial advisor to discover what type of gift is best for you.

For more information on *The Caring Fund*, go to **www.francishouseny.org** or contact Beth Lynn Hoey, CFRE, director of development at 315-475-5422.

Francis House Mission Statement

Francis House provides a home and extended family to persons with terminal illnesses so they can die with dignity surrounded by the unconditional love of God. We will use our lived experience as a resource for others.

Core Values Of Francis House

Compassion, Unconditional Acceptance, Respect and Dignity.

Wish List

Miscellaneous

- 8 ½ x 11 white & colored copy paper
- AA, AAA, C & D Batteries
- Grocery store gift cards
- Home improvement gift cards
- Postage stamps

Food

- Applesauce snack cups with sugar
- Bisquick
- Broth: beef, chicken vegetable
- Brownie mix: fudge, dark
- Cake mix: yellow, chocolate
- Canned fruit (small): peaches, mandarin oranges
- Chocolate chips (semi-sweet)
- Coffee: decaf, regular
- Cookie mix
- Cooking oils: olive, canola
- Cooking spray
- Crackers: Ritz, club, oyster, saltine
- Cremora creamer
- Frostings: chocolate, vanilla, cream cheese
- Fruit snack cups: cherry mixed fruit
- Gravy: chicken, beef
- Jello snack cups: strawberry & orange
- Juice: cranberry juice cocktail, apple
- Mayonnaise (30oz)
- Nuts shelled: almonds, walnuts
- Pancake syrup & mix
- Peanut butter (16oz. jar-creamy)

- Pie fillings: cherry, blueberry, apple
- Pudding snack cups
- Quick bread & muffin mix
- Soda: colas, root beer, ginger ale
- Soup: chicken noodle, tomato, mushroom
- Sugar: granulated, light brown, confectioners
- Tomato: diced, crushed
- Tuna: (canned) solid white, light

Paper Goods

- Flexible straws
- Freezer & storage bags (all sizes)
- Paper towels
- Parchment paper
- Snack bags

Household

- Biodegradable trash bags (4-8 gallon & 13 & 30 gallon)
- Dishwasher detergent gel pacs
- Disinfecting wipes
- Hand sanitizer
- Liquid hand soap
- Swiffer sweeper cloths (dry & wet)

Supplies

- Alcohol pads
- Baby wipes (unscented)
- Body wash
- Chapstick/Lip balm
- Mouthwash
- Unscented lotion



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Receive Francis House Newsletter and Updates Via Email.

If you would like to receive this newsletter and other Francis House updates through your email, visit www.francishouseny.org.

You can request a copy of our most recently filed financial report from the Charities Bureau Registry on the New York Attorney General's website www.charitiesnys.com or by contacting (212) 416-8401.

WE PRAY FOR OUR RESIDENTS WHO HAVE DIED FROM AUGUST 14, 2019 – JANUARY 13, 2020

Sheila Addington Nancy Annable Mathias Asprinio Rosalie Boulware Robert Burns, Jr. John Butler, Jr. Joan Barrett Byrne Rose Campanella Josephine "Pat" Carelli Carmen Ceballos James Cerio Amy Conroy Gisela Cordes Helen Council Koce "Kosta" Cvetkovski Susan Davis Mary Daws Carol Donaldson **Julie** Durantini

Emily English Louise Epolito

Gerald "Jerry" Fitzgerald Debra Fix Shirley Fontanella Robert "Scotti" Francescotti Anne Franco Robert Freeman Anne Marie Gehlsen Bonnie Goetzke Annette Gorgoni Alice Gratzer Erin Grieves Linda Grome Kathryn Hall Elaine Hamilton **Tammy Humiston** Rev. Milton Jefferson Gary Katz Jason Keeler Gavle Kellev Edward "Ed" Kennar Sandy Kimball

Arthur "Scott" King Phyllis LaFrance Dorris Lavellee Anthony Lombardo Doris Luchsinger Karen Martinez Betty Mashburn Barbara McKinnon Michalina "Mickey" Meaker Walter"Wally" Miller **Becky Morrow** Anita Murphy Anthony Nicoletti John O'Connor Lois Papaianni Elsie Pirro Eugene "Gene" Piston George Potter Erwin"Ernie"Pratt Joseph Priola **Grace Roberts**

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